

SIZE	SHIN LENGHT (CM)	FOOT LENGHT (CM) (3)	HEIGHT
S	40	16	150-160
M	40,5	16	160-179
L	42	16,5	179-185

The shin lenght is measured from the bottom of the knee to the top of the ankle. It does not include foot.

Please note: The size chart is only a recommendation. Whether you choose a tight, regular, or loose fit depends entirely on your own personnal preference.