

SIZE	SHIN LENGHT (CM)	FOOT LENGHT (CM) (3)	HEIGHT
S	33	13	150-160
M	36	14	160-179
L	37	15	179-185
XL	39	200 I I I I I I I I I I I I I I I I I I	185–195

The shin lenght is measured from the bottom of the knee to the top of the ankle. It does not include foot.

Please note: The size chart is only a recommendation. Whether you choose a tight, regular, or loose fit depends entirely on your own personnal preference.