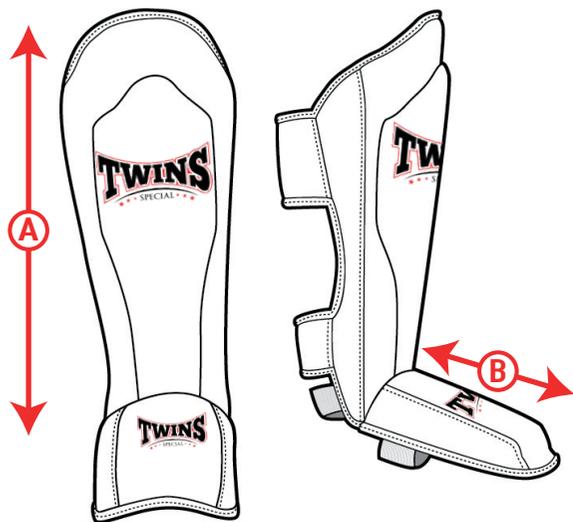


TWINS

SHINGUARD

SIZE CHART



SIZE	SHIN LENGTH (CM) A	FOOT LENGTH (CM) B	HEIGHT
S	35.5	15	150-160
M	37	16	160-179
L	38.5	17	179-185
XL	41	17	185-195

The shin length is measured from the bottom of the knee to the top of the ankle. It does not include foot.

Please note : The size chart is only a recommendation. Whether you choose a tight, regular, or loose fit depends entirely on your own personal preference.